

STIRRUPS

RESTAURANT

BRUNCH

STARTERS

BREAKFAST BREADS	<i>house made pastries, honey butter, jam</i>	VG	10
GRANOLA PARFAIT	<i>Greek yogurt, local honey, assorted berries</i>	GF VG	10
STEEL-CUT OATMEAL	<i>brown sugar, nuts, dried fruit, milk</i>	GF VG	9
SMOKED SALMON & BAGEL	<i>whipped cream cheese, egg, tomato, capers, red onion</i>		12
BERRY SMOOTHIE	<i>banana, blueberry, strawberry, raspberry, ginger</i>	GF V	7
DEVILED EGGS	<i>bourbon smoked paprika, mustard, crackling</i>	GF	8

EGGS

STIRRUP BREAKFAST*	<i>two eggs, thick-cut smoked bacon or pork sausage, breakfast potatoes, toast</i>		17
THREE-EGG OMELET*	<i>choose one protein, one cheese and three toppings, your choice of toast</i>		18
	<i>smoked bacon, chicken & apple sausage, ham, pork sausage, feta cheese, cheddar, goat cheese, Gruyère, spinach, tomato, jalapeño, roasted garlic, squash, mushrooms, peppers, onions</i>		
EGGS BENEDICT*	<i>poached eggs, ham, biscuit, hollandaise, asparagus, avocado</i>		21
SOUTHERN CRAB BENEDICT*	<i>lump crab, poached eggs, country ham, biscuit, avocado, hollandaise</i>		25
STEAK & EGGS*	<i>6 oz skirt steak, two eggs, hash browns, chimichurri</i>		21
BISCUITS & GRAVY*	<i>two eggs, sausage gravy, hash browns</i>		14

COMFORT

BANANAS FOSTER FRENCH TOAST	<i>bourbon butter maple syrup, pecans, vanilla bean ice cream</i>	VG	17
HOT CHICKEN & GRITS	<i>spicy fried chicken, cheesy grits, bacon, Brussels sprouts</i>		16
AVOCADO TOAST	<i>multigrain, arugula, toy box tomato, pickled onion, citrus</i>	VG	14
FARMHOUSE BURGER*	<i>fried egg, arugula, tomato, pork belly, house made brioche bun</i>		21
GRILLED EGGPLANT PANINI	<i>basil pesto, mozzarella, tomato, ciabatta</i>	VG	15
STIRRUPS COBB SALAD	<i>romaine, chicken, bacon, egg, tomato, cucumber, avocado, blue cheese</i>		17

SIDES

HALF GRAPEFRUIT	GF V	3	BOWL OF BERRIES	GF V	6
SEASONAL FRUIT PLATE	GF V VG	9	TWO EGGS	GF	3
BREAKFAST POTATOES	GF VG	4	AVOCADO	GF V	4

GF = Gluten-Free VG = Vegetarian V = Vegan

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.