

# STIRRUPS

RESTAURANT

## BRUNCH

### STARTERS

BREAKFAST BREADS	<i>housemade pastries, butter, jam</i>	VG	12
GRANOLA PARFAIT	<i>Greek yogurt, local honey, assorted berries</i>	GF VG	10
STEEL-CUT OATMEAL	<i>brown sugar, nuts, dried fruit, milk</i>	GF VG	9
SMOKED SALMON & BAGEL	<i>whipped cream cheese, egg, tomato, capers, red onion</i>		14
BERRY SMOOTHIE	<i>banana, blueberry, strawberry, raspberry, ginger</i>	GF V	9
DEVILED EGGS	<i>bourbon smoked paprika, mustard, crackling</i>		10

### EGGS

STIRRUP BREAKFAST*	<i>two eggs, thick-cut smoked bacon or pork sausage, breakfast potatoes, toast</i>		21
THREE-EGG OMELET*	<i>choose one protein, one cheese and three toppings, your choice of toast, smoked bacon, chicken &amp; apple sausage, ham, pork sausage, feta cheese, cheddar, goat cheese, Gruyère, spinach, tomato, jalapeño, roasted garlic, squash, mushrooms, peppers, onions</i>		19
EGGS BENEDICT*	<i>poached eggs, country ham, biscuit, hollandaise, asparagus, avocado</i>		23
SOUTHERN CRAB BENEDICT*	<i>lump crab, poached eggs, country ham, biscuit, avocado, hollandaise</i>		29
STEAK & EGGS*	<i>6 oz skirt steak, two eggs, chimichurri, breakfast potatoes</i>		26
BISCUITS & GRAVY*	<i>two eggs, sausage gravy, buttermilk biscuits</i>		16

### COMFORT

BANANAS FOSTER FRENCH TOAST	<i>bourbon butter, pecans, vanilla bean ice cream</i>	VG	18
HOT CHICKEN & GRITS	<i>spicy fried chicken, cheesy grits, bacon, Brussels sprouts</i>		19
AVOCADO TOAST	<i>multigrain, arugula, tomato, pickled onion, citrus</i>	VG	15
FARMHOUSE BURGER*	<i>fried egg, Vermont cheddar, arugula, tomato, pork belly, housemade brioche bun</i>		22
STIRRUPS COBB SALAD	<i>romaine, chicken, bacon, egg, tomato, cucumber, avocado, blue cheese</i>		17

### SIDES

HALF GRAPEFRUIT	GF V	4	BOWL OF BERRIES	GF V	6
SEASONAL FRUIT PLATE	GF V VG	9	TWO EGGS*	GF	3
BREAKFAST POTATOES	VG	4	SLICED AVOCADO	GF VG V	4
GRITS	GF	5	FRIES	VG	5

GF = Gluten-Free VG = Vegetarian V = Vegan

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.